

Agency	Address and main phone #	Mission Statement (if one is available)	Areas of expertise (i.e., grief and loss, depression, substance abuse, working w/ LGBTQ + comm.)
A Step Forward: Psychotherapy and Forensic Services	Address: 2827 Concord Boulevard Concord, California 94519 Phone: (925) 685-9670	We specialize in working with children, adults, families who are dealing with issues of sexual abuse and/or other forms of trauma. We also provide co-parenting, custody evaluation, forensic evaluation, family reunification, and general psychotherapy services, including couples counseling. Since 1985, our mission has been to help facilitate the eradication of sexual abuse through education and therapeutic services.	Sexual abuse/trauma
Bay Area Psychotherapy Institute	Address: 3468 Mt. Diablo Blvd. Suites A200, B200, B201, B205, B301 Lafayette, CA 94549 Phone: (925) 284-2298	Offering healing in the places that make life challenging is our passion. Overcoming internal obstacles, refining communication skills, strengthening relationships, feeling a sense of peace through effective psychotherapy. You deserve the support as an individual, couple, and family to feel strengthened and empowered to live a fulfilling life.	Specialized
Care Parent Network	Address: 1340 Arnold Drive, Suite 115, Martinez, CA 94553 Phone: (925) 313-0999	We are a one-stop family resource center serving families of children with disabilities and special health care needs. We help families meet the unique challenges of parenting a child with special needs. We are all parents of children with special needs ourselves.	Special needs clients
Center for Discovery: Eating Disorder Treatment	Address: 212 La Questa Drive Danville, CA 94526 Phone: 866.482.3876		Eating disorders

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Center for Human Development	Address: 901 Sunvalley Blvd., Suite 220 Concord, CA 94520 Phone: (925) 687-8844	Center for Human Development (CHD) is a community-based organization that offers a spectrum of services for at-risk youth, individuals, families, and communities in the Bay Area.	
Child Abuse Prevention Council of Contra Costa County	Address: 2120 Diamond Blvd., #120 Concord, CA 94520 Phone: (925) 798-0546	To promote the safety of children and prevent child abuse and neglect in Contra Costa County by raising community awareness, influencing public policy, educating our community, providing resources and support programs to families.	
Chosen Family Collective	1460 Maria Lane #300 Walnut Creek, CA 94592		LGBTQ+
Community Violence Solutions	Address: 2101 Van Ness Street, San Pablo, CA 94806 Phone: 510-237-0113	Community Violence Solutions (CVS) is dedicated to working in partnership with the community to end sexual assault and family violence through prevention, crisis services, and treatment.	Rape and sexual assault, child abuse, stalking, and human trafficking
Contra Costa Alliance to End Abuse	Address: 40 Douglas Drive, Martinez, CA 94553 Phone: 925-608-4975	The mission of the Contra Costa Alliance to End Abuse is to affect a systems change that reduces interpersonal violence (domestic violence, family violence, sexual violence and human trafficking) by fostering the development and implementation of collaborative, coordinated and integrated services, supports, interventions and prevention activities.	Domestic/family/sexual violence, human trafficking

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Contra Costa Crisis Center	Address: Contra Costa Crisis Center P.O. Box 3364 Walnut Creek, CA 94598 Phone: 925-939-1916	The mission of the Contra Costa Crisis Center is to keep people alive and safe, help them through crises, and provide or connect them with culturally relevant services in the community.	People in emotional or psychological distress.
Familias Unidas	Address: 205-39th Street Richmond, CA 94805 Phone: (510) 412-5930	Familias Unidas exists to improve wellness and self-sufficiency in Latino and other communities. We accomplish this by delivering quality mental health counseling, service advocacy, and information/referral services.	
First Hope	Address: 391 Taylor Boulevard, Suite 100 Pleasant Hill, CA 94523 Phone: 925-608-6550		Early intervention in psychosis
Fred Finch Youth and Family Services	Address: 3800 Coolidge Avenue, Oakland, CA 94602 Phone: 510-482-2244, ext. 5200	Fred Finch Youth & Family Services seeks to provide innovative, effective services supporting children, youth, young adults, and families to heal from trauma and lead healthier, productive lives.	Counseling/Mental Health
Jewish Family and Community Services East Bay	Address: 1855 Olympic Blvd., Ste. 200 Walnut Creek, CA 94596 Phone: (925) 927-2000	Rooted in Jewish values and historical experiences, and inspired by the strengths of the diverse communities we serve, JFCS East Bay promotes the well-being of individuals and families by providing essential mental health and social services through every stage of life.	Mental health, Judaism
John Muir Behavioral Health Center	Address: 2740 Grant St., Concord, CA 94520 Phone: (925) 674-4100	We are dedicated to improving the health of the communities we serve with quality and compassion.	Teens in crisis situations.
Monument Crisis Center	Address: 1990 Market Street Concord, CA 94520 Phone: (925) 825-7751	We are a family resource center that provides food, education, and referrals to individuals, families, children, and seniors in need, no matter your legal status.	

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Nami (National Alliance on Mental Illness) of Contra Costa County	Address: 2151 Salvio St, Ste V Concord, CA, 94520 Phone: (925) 942-0767	To provide support, outreach, education and advocacy to individuals living with and families affected by mental illness.	Family and individuals dealing with mental illness, group services.
Northern California Family Center	Address: 2244 Pacheco Blvd., Martinez, CA 94553, US Phone: (925) 370-1990	We are a community-based organization focused on helping make the world around us a better, happier place. With the help of our tireless staff, we organize fundraisers, exciting community-building events, and in-depth training sessions for our Foster Families.	Foster families, runaway youth, youth development.
Open Our Hearts	Address: Temple Isaiah, 945 Risa Rd., Lafayette Phone: 925- 945-7272	One out of every four families is touched by mental illness. The challenges are daunting. Open Our Hearts is working to educate people about mental illness; to provide needed support to families and their loved ones with mental illness; and to further this mission by helping Jewish synagogues and agencies to make mental illness a recognized part of tikkun olam.	Supporting family members of adults with mental illness.
Pacific Center for Human Growth	Address: 2712 Telegraph Avenue Berkeley, CA 94703 Phone: 510-548-8283	The Pacific Center fosters and enhances the well-being and self-respect of diverse Lesbian, Gay, Bisexual, Transgender, and Queer, youth, seniors, adults, and families through the delivery of LGBTQ-proficient mental health and wellness services, and through the training of a strong and inclusive community of LGBTQ-proficient mental health care professionals.	LGBTQ+

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Planned Parenthood	Address: 1357 Oakland Blvd, Walnut Creek, CA 94596 Phone: (925) 935-3010	The mission of Planned Parenthood is: to provide comprehensive reproductive and complementary health care services in settings which preserve and protect the essential privacy and rights of each individual; to advocate public policies which guarantee these rights and ensure access to such services; to provide educational programs which enhance understanding of individual and societal implications of human sexuality; to promote research and the advancement of technology in reproductive health care and encourage understanding of their inherent bioethical, behavioral, and social implications.	Health care, education, research
Rainbow Community Center	Address: 2118 Willow Pass Rd #500, Concord, CA 94520 Phone: (925)-692-0090	The Rainbow Community Center of Contra Costa County (Rainbow) builds community and promotes well-being among Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ+) people and our allies.	LGBTQ
Rogers Behavioral Health	Address: 420 N. Wiget Lane, Building 2 Walnut Creek, CA 94598 Phone: 925-266-8800		OCD, anxiety, depression, and other mood disorders
Seneca: Family of Agencies	Address: 6925 Chabot Road Oakland, CA 94618 Phone: 510- 654-4004	Unconditional Care Helping children and families through the most difficult times of their lives.	Trauma, at-risk youth and families, mental health, adoption, foster care.

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STAND! For Families Free of Violence	Address: 1410 Danzig Plaza, Concord, CA 94520 Phone: 925-676-2845	“STAND! For Families Free of Violence is a catalyst for breaking the multi-generational cycle of violence, promoting safe and strong relationships, and rebuilding lives.”	Domestic/family violence, child abuse, sexual assault.
The Hume Center	Address: 1333 Willow Pass Road, Suite 102 Concord CA 94520 Phone: (925) 825-1793	The Hume Center strives to create an environment of psychological well-being both internally for our work community and externally for the community we serve, with special consideration for the under- and un-served, through practicing an enabling consultation process. We believe in serving our community through strengthening existing and developing new resources; providing the highest caliber of culturally sensitive behavioral health services, professional training, and clinical research; and focusing on consistent improvement through outcomes, data-based quality assurance, and program evaluation.	Mental health
Trinity Center	Address: 1300 Boulevard Way, Walnut Creek, CA 94595 Phone: (925) 949-8712	Trinity Center's mission is to be the doorway to opportunity for homeless and working poor people. We give care and hope to each one through supported access to services and resources. We invite everyone to participate in our mission.	Homelessness

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Description of services	Accept Insurance? (Medic-cal or other?)	Fees for services?	Sliding Scale? (Y/N)	Name of main contact/ phone #/Email
Child & Family Sexual Abuse, Adolescent Sexual Abuse, Adult Survivors, Non-Offending Parents, Men's Program, Reconciliation/Reunification, High Conflict Divorce Services, Substance Abuse Program, General Psychotherapy (Individual, Group, Family)				
Counseling services, school mental health, parent coaching.		Offer subsidized services to low-income clients		Intake Coordinator: (925) 284-2298
Family Support & Mentoring, Early Start, Special Education & Individualized Education Program (IEP), Resource & Referral, Health Care & Mental Health Information & Resources, Teen Transition to Adult Life, Early Education Council (Resources for Professionals), Community Involvement, Advocacy Information				Director: Hannah Michaelson Email: hmichaelson@careparentnetwork.org
Residential Program	All Major Health Insurance			

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Wellness programs and services, youth leadership, conflict resolution, parenting skills.				(925) 687-8844
Baby Bag, Mandated Reporter Training, Nurturing Parenting Program, Speak Up Be Safe, Surviving Parenthood, Community Education				
We are queer and/or trans therapists who work with individuals, couples, and families on any topic or concern. Our therapeutic approach is rooted in a strengths-based, harm reduction, and social justice framework.	No	\$80-\$150	Yes	(925) 239-4383
Rape crisis center, sexual assault response team, children's interview center, prevention services, anti-trafficking project, differential response team				

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211 crisis call or text, 211 database, grief support, homeless services, on-site response, training, family support, community projects.				
Youth development services, information and referral services, mental health services, anger management classes, adult wraparound services				
First Hope is an outpatient treatment program for young people and their families, experiencing early symptoms of psychosis or a recent psychotic episode.				
Family services, mental health services, housing, young adult services, residential treatment, school and educational services. Contra Costa TAY Program.	MediCal, CalFresh, CalWorks Eligibility Worker			For CC Tay Program: Emily Schramm, emilyschramm@fredfinch.org or 510-773-7686
Family and parenting support, LGBTQ refugee services, mental health services, parent education workshops, therapy.		Certain services are free, others are hourly or sliding scale.		
Teen inpatient program and teen outpatient program.				
Food distribution, resource and referrals (employment and health/wellness), youth enrichment.				

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Family to Family classes (some offered in Lafayette), Family Support Group (Walnut Creek).				
Long term placement in foster homes, short term foster homes for runaways, counseling program (location in Walnut Creek), family counseling, recreational services and referrals, aftercare services, safe place program.	Contra Costa Health Plan		Income-based sliding scale for self-pay individuals	
Monthly support group for family members of adults with mental illness.				
Counseling and psychotherapy, HIV services, Grief support groups, community programs, youth programs				info@pacificcenter.org 510-548-8283

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They offer free/low income counseling services				
HIV support, clinical services, food pantry, youth programs, recovery services, trainings, homeless youth programs	Medi-cal			
Anxiety and Depression Recovery in ASD (partial hospitalization), Focus Depression Recovery (intensive outpatient, or partial hospitalization), OCD and Anxiety (intensive outpatient or partial hospitalization).				
Wraparound services, outpatient clinics, crisis stabilization services, multisystemic therapy, therapeutic behavioral services, transitional age youth services, intensive case management, guide animal interaction therapy, foster care programs.				

Description of services	Accept Insurance? (Medic-cal or other?)	Fees for services?	Sliding Scale? (Y/N)	Name of main contact/ phone #/Email
Crisis line, emergency shelter, emergency response team, peer advocacy, country-wide support groups, transitional housing, vocational services, domestic violence liaisons, individual and group counseling, non-violence program, child assessment and treatment services, clinical parenting, strengths based family case management. PLUS: Prevention policies, trainings and services.				
Outpatient program, partial hospitalization, community support program, neurobehavioral evaluation services, behavioral consulting services.				
Day Program (breakfast, lunch, laundry, showers, clothing, food pantry), Evening Program (winter shelter December-March), Safe Parking Program				

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Best way to make a referral						
http://www.astepforwardinc.com/contact-us/						
Call for an intake or fill out the intake form at: http://bapti.org/#contact						
Call for a consultation: 866.482.3876 or fill out the contact form here: https://centerfordiscovery.com/contact-us/						

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